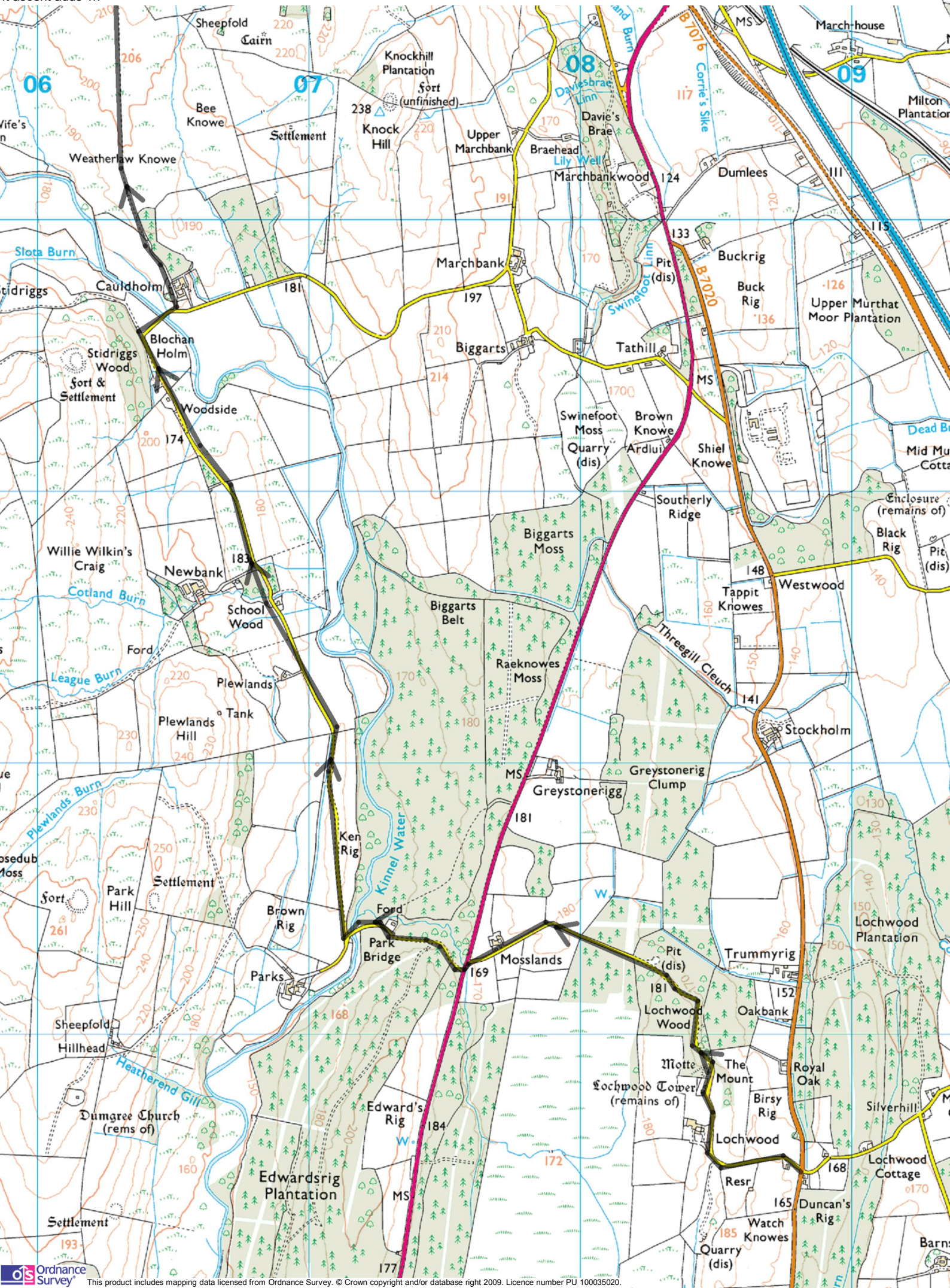
Anquet Maps 2009 www.Anquet.co.uk (Bottom Left - Top Right)-(NY 058 960-NT 093 010) Map printed at 1:16,667
Route: Lochwood, Crooked Road, Dyke Farm, Start Point: NY 088 964, End Point: NT 084 053, Flat Length: 7.96 Miles, Hidden Length: 7.97 Miles, Max Height: 742.58 Feet, Min Height: 310.58 Feet, Height Ascended: 604.35 Feet, Height Descended: 791.93 Feet, Estimated Time: 4 hrs, 5 mins, Est Time: 2.1 Mi/hr, 1,969 ft ascent adds 1h



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